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**Address:**  
**2 Jervois Rd**  
**Ponsonby, Auckland**

**Organisation/Practice Name:**  
**Reg. Psychotherapist & Counsellor**  
**Synthesis Therapy & Counselling Services**

**Specialty Areas:**  
**Private Practice, Families, Couples, Adults, Teenagers, Addictions, Anxiety, Depression, Relationship Issues, Trauma & PTSD, Immigrants/Refugees**

**Therapeutic Style:**  
**Relational Psychodynamic, CBT, Motivational Interviewing, Emotion Focussed Therapy for Couples (EFT)**